

NAPPY CHANGING POLICY & PROCEDURE

PURPOSE:

To continue the importance of supporting our Infection Control Policy by providing a detailed nappy change procedure policy for all staff, students and parents of the centre.

IMPLEMENTATION:

Nappy changing is a critical link in the hygiene management of Elder Street Early Childhood Centre.

- Ensure all items needed for change are within easy reach
- Use washable change tables and mats
- Walking child to walk to the change area
- If the nappy is soiled and leaking, hold child away from you
- Put on disposable gloves
- Wear plastic apron for protection if necessary.
- Place paper on the change table mat
- Lay child on change surface keeping a restraining hand on child to prevent falling.
- Clean child's bottom with disposable wipes or if washer is used place in covered bucket. Wipe from front to back.
- Remove the paper and nappy and put it in a "hands free" lidded bin.
- Remove gloves before touching the child's clean clothes. Do this by peeling them back from your wrists, turning them inside out as you go. Do not let your skin touch the outer contaminated surface of the glove. Put the gloves in the bin.
- Place clean nappy on child and re-dress.
- Wash and dry child's hands
- Assist child back to normal routines.
- Clean the change mat with detergent and warm water, paying particular attention to the mat, at the completion of each nappy change
- Wash hands thoroughly.

Reviewed: 10 June 2005

18 May 2006 by M Duffy-Fagan

Source: Staying Healthy in Childcare 3rd Edition NSW Health
Department

Staying Healthy in Childcare 4th Edition National Health &
Medical Research Council December 2005
Supporting Policy – Infection Control